

After School Activities in Our Lady of Good Counsel GNS 2024/2025

AFTERSCHOOL ACTIVITY INFORMATION SHEET

Day	Activity	Class	Time & Cost	Facilitator & Contact	Info	
MONDAY						
BE CYCLES MAN TO SERVICE STATE OF THE CYCLES AND TH	Wellness Club	1st → 3rd	2.30 - 3.30pm Starting Monday Sept 16th 10 weeks €100	Amy Dowling amydowling@johns towngns.ie Aimee Muldowney aimeemuldowney @johnstowngns.ie	Activities: Designing & Creating worry monsters Creating mindfulness jars Designing Posters Yoga Journaling Games & more!	
			TUESDA	Υ		
	Soccer	1st to 6th Class	2.25 pm - 3.35 pm Term 1: Tuesday September 10 th - Tuesday October 22nd	Stephanie Roche Collection at end of ramp(single gate)	To book: https://bookwhen.com /afterschool For any information contact info@championcoachi ng.ie	

WEDNESDAY						
	Multi Sports	1 st – 4th Class	2.30pm – 3.30pm Starting Wednesday 18 th September €90	David O'Connor davidoconnor@joh nstowngns.ie School Hall/Yard/Pitch	Soccer, gaelic football rugby, hockey, basketball & more	
			THURSDA	AY		
	Dawson McDonne Il Irish Dance Academy	Junior/ Senior Infants – Children will be collected from school	1.20pm – 2.20pm Starting Thursday Sept 12th Pastoral Centre 2.25pm – 3.35pm Girls School	Joanne McDonnell Joanne 087 6474937 joanneirishdance@gmail.com	Fun, Fitness, Friends, Coordination, Self-confidence From beginners to our World Champions. Come along and try a free trial class.	
	Junior Arts & Craft Club	1 st – 3rd	2.20 - 3.30pm €100 (all supplies and Sketch pad included) R16 Starting Thursday 19 th September 10 weeks	Elaine Moloney R16 elainemoloney@jo hnstowngns.ie	Mosaics, clay, sketching, Halloween Masks and more	

HABLOESPAÑOL	Lingotot Spanish	Junior & Senior Infants	1.20 - 2.20 pm Girls School 19 th September to 19 th December	Room 21 A 10% sibling discount is available and processed on booking.	CLASS BOOKING LINK HERE Lingotot are specialists in creating a playful and motivating learning environment, creating a positive association with language learning early on. The classes are lively, interactive and jam- packed with songs, movement, child- friendly props, music, stories and crafts. ¡Hasta pronto!
	Athletics	3 rd – 6 th Class	2.30pm – 3.30pm Thursday 19 th September €90	Gillian Dixon gilliandixon@johnst owngns.ie	Running, Throwing, Catching Skills games, catch the flag, rounders

FRIDAY

MAN	Sinead's After School Dance Club	1 st - 6 th Class	2.30pm – 3.30pm Friday 20th September	Sinead O'Connor Sineadoconnor@jo hnstowngns.ie	Get Fit, have fun and best of all DANCE!
			€90		
			Girls School Hall		